



# St. Croix Regional Family Health Center



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## PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER (PMHNP)

### **Summary of Functions:**

The incumbent works collaboratively with the psychiatrist to provide patient assessment and diagnosis, formulate treatment plans, prescribe medications, order laboratory tests, interpret test results, provide patient education, prepare medical records, and refer patients for additional care in accordance with statutes, regulations and protocols regulating the profession. The PMHNP will work in collaboration with a Medical Assistant to coordinate client care, assist with insurance pre-authorization, and caseload management.

All potential new employees will undergo a background and Office of Inspector General exclusion report and periodically thereafter.

### **Major Duties and Responsibilities:**

- Conducts therapy, medication assessments, and crisis response to new and existing clients. Develops individual service plans based upon assessment data, and provides therapeutic interventions as necessary including the provision of on-going medication management services.
- Assess, diagnose, and treat adults, adolescents, and children experiencing symptoms of a behavioral health disorders.
- Prescribe pharmaceutical therapy consistent with medical evaluation, treatment plan and current standards of practice
- Obtain comprehensive health histories, request special diagnostic and laboratory tests, interpret test results, and develop comprehensive psychiatric treatment plans.
- Coordinate and collaborate with the primary care providers to improve health outcomes.
- Develops self-management plans with the patient and follows up to help them progress towards their mutually agreed-upon goals
- Facilitate referrals to other services (e.g., substance abuse treatment, specialty care and community resources) as needed.
- Work closely with SCRFHC Psychiatrist on challenging cases.
- Maintains documentation of services including service plans, progress notes, medication informed consent, quarterly treatment plan reviews, and other required information in compliance with agency and third-party compliance standards.
- Ensures compliance with legal issues including but not limited to client confidentiality and risk management, ensures compliance with federal, state, and local regulations.
- Exhibits a high degree of courtesy, tact, and poise when interacting with clients, families, and other personnel.
- Provides teaching and education to clinical staff, if requested.

- Participates as an involved member in SCRFHC clinic team projects.
- Assist with QI activities.
- All other duties that are consistent to the scope of practice

**Organizational Relationships:**

Reports directly to the Operations Director with peer support from the Behavioral Health Department.

**Experience and/or Educational Requirements:**

Education:

Master of Science in Nursing, with a Psychiatric/Mental Health emphasis, from an accredited college or university.

Experience:

Three (3) years of experience related to the above describe duties.

Licensure:

Must be licensed as a Psychiatric Mental Health Nurse Practitioner (PMHNP) by the Maine Board of Nursing.